



B•Unbound

## Supportive Adult: Engagement Menu

Supportive Adult's roles vary widely based on priorities, capabilities and time commitment. Whether you can spend a few hours a year or a few hours a month, you can make a difference in a young person's life. This menu provides examples of engagement options. Each option includes a brief description, planning consideration requirements, as well as suggested time commitments for guidance.

	Description	Planning Considerations	Suggested Time Commitment
<b>Connector</b>	Leverage your connections to help find Supportive Adults who share an interest with a Navigator.	<ul style="list-style-type: none"><li>• Ongoing communications via newsletter and emails with B-Unbound program staff</li><li>• Does NOT engage directly with youth</li></ul>	As Needed
<b>Informational Interview</b> (In-person or Virtual)	Engage with Navigator in-person or digitally (e.g. Zoom, email) to answer questions about work, workplace, and careers.	<ul style="list-style-type: none"><li>• Prepare summary of personal learning and career journey</li><li>• Company/industry overview</li></ul>	2-3 hours
<b>Workplace Tour</b> (In-person)	Host Navigator inside work facilities to see and experience work activities and company/industry culture firsthand.	<ul style="list-style-type: none"><li>• Tour route, schedule</li><li>• Engagement of other staff</li><li>• Reserve facilities</li></ul>	2-4 hours
<b>Shadow Day</b> (In-person)	Engage with Navigator to show what a 'day in the life' of a job or industry involves.	<ul style="list-style-type: none"><li>• Schedule for the day</li><li>• Accommodations and coordination with other staff</li><li>• Security and safety</li></ul>	4-6 hours

<b>Passion/Skill Building</b> (In-person or Virtual)	Lead Navigator in learning or developing a new skill or interest in an activity	<ul style="list-style-type: none"> <li>● Scope out activity, timeframe</li> <li>● Access to supplies and equipment</li> </ul>	Ongoing, varies
<b>Project Sponsorship</b> (In-person or Virtual)	Provide real-world projects for Navigator to complete, including coaching from industry professionals along the way.	<ul style="list-style-type: none"> <li>● Determine problem statement</li> <li>● Coach through project design process</li> <li>● Reserve facilities, recruit associates for project check-ins, and project review</li> </ul>	Ongoing, varies
<b>Internship/Apprenticeship</b> (In-person or Virtual)	Navigators perform work activities under the supervision of professionals (paid or unpaid)	<ul style="list-style-type: none"> <li>● Process for on-boarding, continuous feedback and evaluation.</li> <li>● Dedicated working space and necessary equipment, ongoing availability of manager</li> </ul>	Ongoing, varies
<b>Career Mentoring</b> (In-person or Virtual)	One-to-one relationship between professionals and Navigator to support pathfinding	<ul style="list-style-type: none"> <li>● Process for on-boarding, continuous feedback and evaluation.</li> <li>● Frequency of check ins</li> </ul>	Ongoing, varies